



UNESCO BIOSPHERE  
**ENTLEBUCH**  
LUCERNE SWITZERLAND

# Fun and adventure

2022 Activities Guide  
UNESCO Biosphere Entlebuch

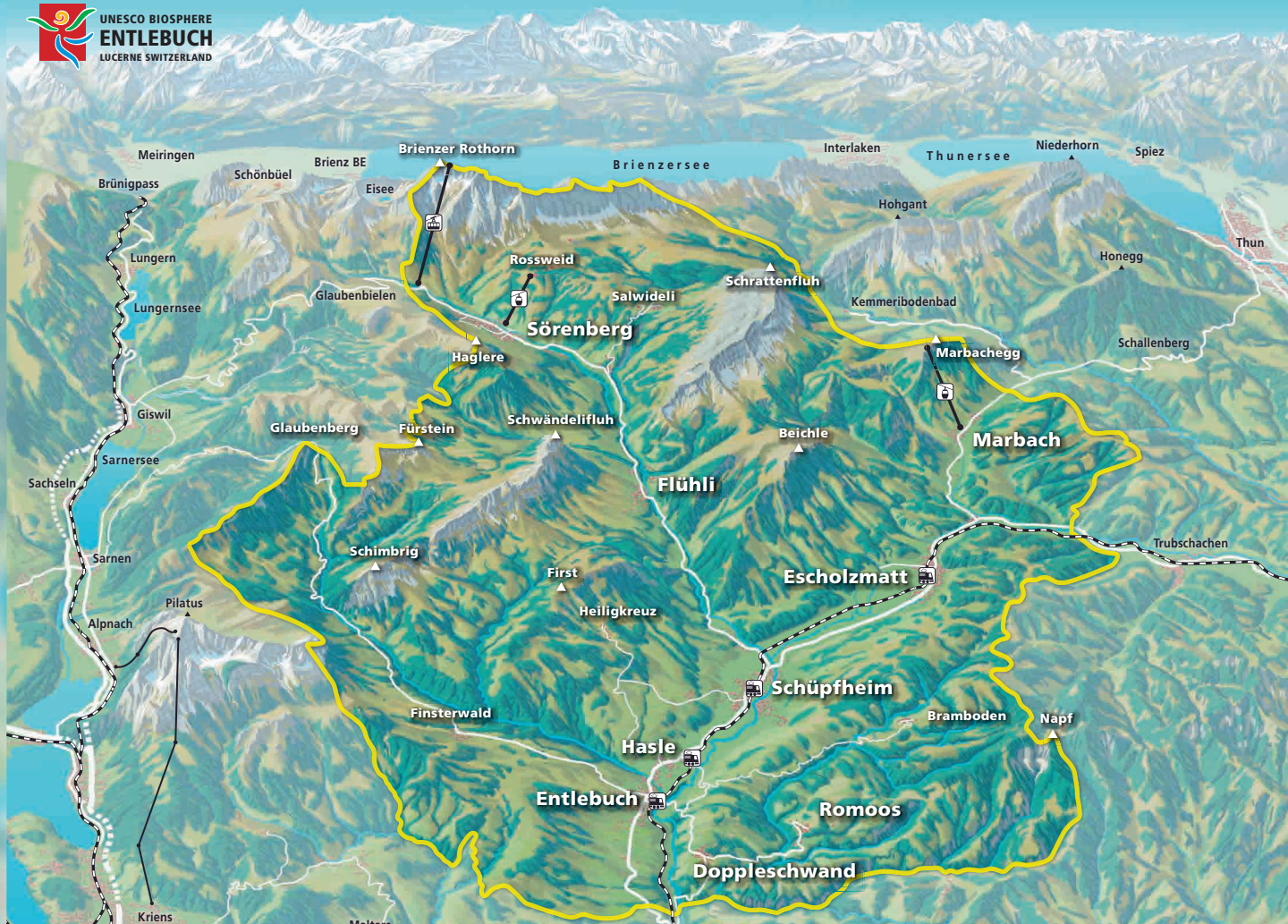
Bergbahnen Sörenberg  
Sportbahnen Marbachegg  
Activities in the  
UNESCO Biosphere Entlebuch



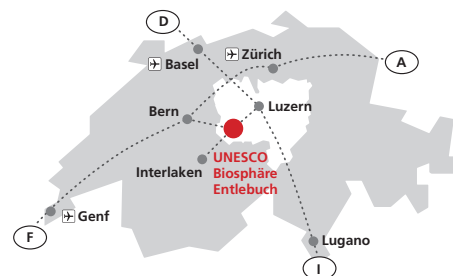
**LUZERN**   
**Freemove**  
THE CITY • THE LAKE • THE MOUNTAINS







BLS Lucerne–Bern railway line  
 Schöpfheim–Lucerne 35 km  
 Schöpfheim–Bern 50 km



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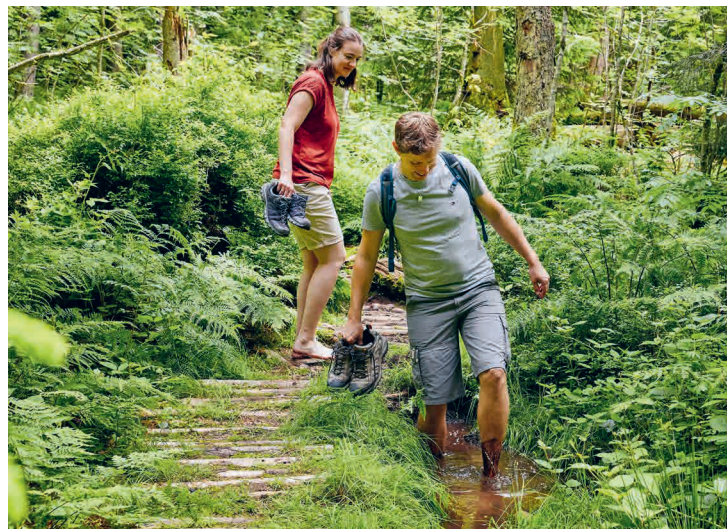


## Welcome to the UNESCO Biosphere Entlebuch

Whether you're hiking, panning for gold or discovering plants on a themed trail, the UNESCO Biosphere Entlebuch, covering an area of 400 km<sup>2</sup>, offers adventures for all ages. If you enjoy the great outdoors, this is the place for you: the Entlebuch nature park is rich in natural treasures. Lucerne's «Wild West» features Switzerland's largest and most numerous moor landscapes, striking karst terrain, and a flora and fauna of national and international importance. No wonder UNESCO designated the Entlebuch as Switzerland's first biosphere reserve in 2001.

Come and see for yourself – we look forward to welcoming you!

UNESCO Biosphere Entlebuch  
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Tel. +41 (0)41 485 88 50  
[www.biosphaere.ch](http://www.biosphaere.ch), [zentrum@biosphaere.ch](mailto:zentrum@biosphaere.ch)



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We reserve the right to amend the information in this brochure.







## Tips for the UNESCO Biosphere Entlebuch

[www.biosphaere.ch](http://www.biosphaere.ch)

### TIP 1 Savurando Entlebuch e-bike treasure hunt

The Savurando gastro-themed treasure hunt takes you into the heart of the UNESCO Biosphere Entlebuch and introduces you to tasty herb-related specialties and local producers by getting you to solve fun riddles.

### TIP 2 Schüpffheim roller sports park

Schüpffheim's roller sports park offers very special recreational fun for the whole family and all ages 2 to 102! The park includes a pump track and a skate facility with bowl.

### TIP 3 Entlebuch energy experience

This themed footpath features a variety of energies including fire devils and moor spirits. You'll encounter six info platforms, each devoted to an energy source: earth and moor, river and water, light and sun, air and wind, gas and fire, forest and wood.

### TIP 4 Romoos: Zyberliland

In search of the mysterious Bärghandli (little mountain men), parents and children discover the Zyberliland world of adventure in the wild Napf region.



### TIP 5 Schüpffheim: Emma Foxtrail

Experience an exciting foxtrail in the Emmental and Entlebuch with the BLS railway. Jim and Lukas are really worried about their locomotive, Emma, and need your help! They join the fox to search for Emma. But watch out, there are hurdles to overcome along the way.

### TIP 6 Romoos: Napf gold experience

Instructed by gold panner Gsto and his team, gold prospectors set to work with shovel and pan and sift through the gravel in the wild creeks and ditches in the Napf area. If, at the end of the washing out, you see something shiny glinting in the pan, you won't be rich, but you will have had a great day out.

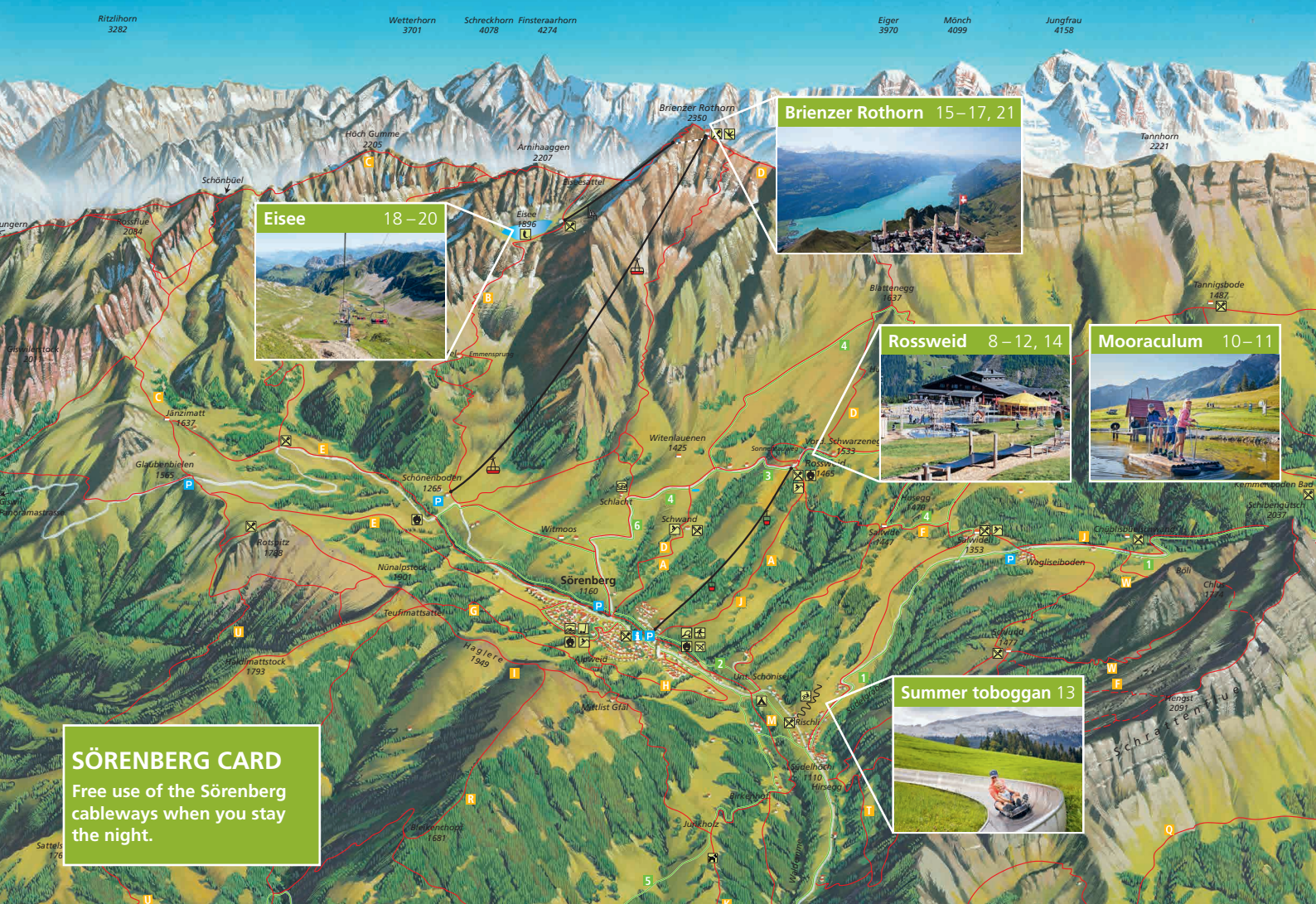
### TIP 7 Heiligkreuz: Wurzilla fairytale path

Follow the fairytale path through the forest and listen to the adventures of Wurzilla, a little root child. The tour is about a kilometre and a half long and has places where children can play, including an oversized spider's web and a huge wooden swing in the middle of the forest. Discover the fairy tale trail with exciting puzzles by means of the «Dragon Friend Smartphone Scavenger Hunt Family».

### TIP 8 Heiligkreuz: Seelensteg boardwalk

After Storm Lothar passed, traditional exploitation activities were abandoned in a stretch of forest below Heiligkreuz and a 500 m long, slightly elevated boardwalk created instead. This leads through the fairytale blueberry and fern forest, away from the hectic pace of everyday life.





**SÖRENBERG  
BERGBAHNEN**  
ENTLEBUCH LUZERN

The «Family Destination» seal of quality is awarded to family-friendly holiday destinations like Sörenberg.



**FAMILY  
Destination**

## Bergbahnen Sörenberg AG

Hinterschöniseistrasse 4

6174 Sörenberg

Tel. +41 (0)41 488 21 21

[www.soerenberg.ch](http://www.soerenberg.ch)

[bahnen@soerenberg.ch](mailto:bahnen@soerenberg.ch)

**Sörenberg Flühli Tourism** Tel. +41 (0)41 488 11 85

**Summer season** 26 May to 23 October 2022





## Rossweid aerial cableway

Tel. +41 (0)41 488 21 21



**Summer season** 26 May to 23 October 2022

The cableway to the Rossweid runs daily

8.15 am – 5.15 pm

**TIP** Visit the Mooraculum world of adventure on the Rossweid.  
More on this on pages 8 + 9.

Prices in CHF	Adults (16 and over)		Children (age 6 – 15)	
	single	return	single	return
Individual price	12.00	20.00	6.00	10.00
Half-fare/GA/Swiss Travel Pass	6.00	10.00		
Entlebuch Holiday Pass	9.60	16.00	4.80	8.00
Groups of 10 or more	8.40	14.00	4.20	7.00
Groups of 10 or more with Half-Fare/GA travelcard	4.20	7.00		
Schools, age 6 – 15			4.20	7.00
Dogs	5.00	10.00		
Scooter / bikeboard with helmet	10.00		10.00	

Prices in CHF	Adults (16 and over)	Children (age 6 – 15)
Summer season card*	180.00	90.00

\*20% advance booking discount on the summer season ticket from  
1 May to 30 June 2022

Children travel free with the SBB Junior/Grandchild Card.

## Rossweid restaurant at alt. 1470 m

Tel. +41 (0)41 488 14 70, rossweid@soerenberg.ch



### Opening hours

Monday to Sunday, 8.15 am – 5 pm

The Rossweid restaurant, located in the midst of the high moors, is a fantastic destination for all kinds of reasons. With its various rooms, the restaurant is ideal for celebrations big and small. The Rossweid is easily accessible by cableway, on foot or by mountain bike. Enjoy the views of the Rothorn mountain range from the terrace or explore the Mooraculum, the largest moorland adventure park in the Alps.

**TIP** Stay a few days! The hotel provides value-for-money accommodation in lovely double or family rooms. Guests in summer receive the SörenbergCard for free travel on the Bergbahnen Sörenberg cableways during their stay.

### Children's birthday parties with Söppli

See your children's eyes light up! Book a birthday party at the Rossweid and look forward to fun and games in the Mooraculum moorland adventure park, a little gift for the birthday child, a decorated birthday table with table fireworks, plus painting materials, a birthday cake and soft drinks! Also available as an optional extra: a surprise visit from Söppli!





**MOORACULUM**  
SÖRENBERG ENTELBUCH

## A natural wonder to discover

There's so much for families with children to discover at the Mooraculum on the Rossweid: ponds with water toys, water swings, climbing installations, a hanging chair forest, picnic spots and much more. The focus is on the mysticism of moorland landscapes. Visitors of all ages learn what a moor is, find out who and what lives there, and experience the landscape with all their senses.

### Pushchair friendly: the Sundew Path

This colourful circuit enchants with butterflies, dragonflies and pretty orchids. The blueberry-filled upland moor forest with its gnarled mountain pines transports you to another world. Seventeen activity stations dotted along the path feature information and entertaining games. Incidentally, the Sundew Path takes its name from a carnivorous plant that can survive even in nutrient-poor environments.

### For researchers of all ages: the large moorland circuit

This «researchers' tour» for all the family has something for everyone. Its 17 interactive activity stations explain the unique flora and fauna and their amazing survival strategies. Prominent moorland residents tell their own personal stories on moorland telephones – which are powered by manual crank handles. The explorer experience is made even more exciting by having your own explorer's box. And the accompanying Moor Whisperer Pass offers puzzle-based fund for all ages – and a mysterious reward!

### Mooraculum Family Pass for CHF 60.00

The special package for parents / grandparents and their children / grandchildren with return trip on the Rossweid cableway for all family members, a food voucher worth CHF 10.00 at the Rossweid restaurant and a voucher for the Rischli summer toboggan run per person.

There's no admission charge for the Mooraculum world of adventure. Accessible using the Sörenberg – Rossweid aerial cableway. Further information: [www.mooraculum.ch](http://www.mooraculum.ch)







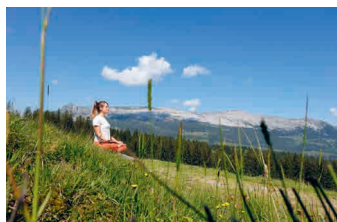
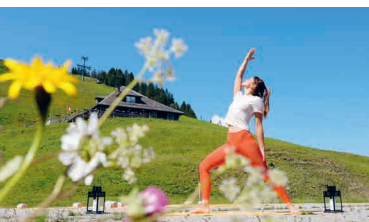
## Scooter adventure

Summer fun for the young and young at heart! Ride the scooters and bikeboards from the Rossweid (alt. 1470 m) down to Sörenberg village (alt. 1166 m). The 4 km fast-paced descent is the perfect end to a day out on the Rossweid.

Prices in CHF	Adults (16 and over)	Children (age 6 – 15)
Scooter / bikeboard with helmet	10.00	10.00

## Yoga on the mountain

Yoga and nature – a Saturday programme that makes you feel good, relaxed and invigorated. A 1½ hour yoga lesson with a certified yoga instructor on high-quality Airex yoga mats awaits you on the terrace of the Schwarzenegg ski hut. Look forward to energising breathing exercises, gentle stretches, invigorating and creative yoga flows, soothing relaxation exercises, tranquillity and pure mountain air. Every Saturday from June to September; assemble at 9.30 am at the Rossweid upper terminus. Information and registration at [www.soerenberg.ch/yoga](http://www.soerenberg.ch/yoga).



## Rischli summer toboggan run

Tel. +41 (0)41 488 02 77

**Summer season** 11 June to 23 October 2022

Monday to Friday, 1 – 5 pm, Saturday and Sunday and during July and August 10 am – 6 pm. Weather permitting, open at weekends from 21 May 2022.

Boasting a total of twelve bends and a length of 900 metres, the summer toboggan run winds through alpine meadows. Summer fun and entertainment for all the family. A lift pulls you conveniently back up to the starting point.

**TIP** Look out for the camera trap! The thrilling Rischli summer toboggan run has a camera trap in a fast bend. «Click», and your day out is captured for posterity. There's a photo terminal at the bottom of the run where you can print out the image for CHF 5.00.

Prices in CHF	Adults (16 and over)	Children* (age 8 – 15)	Family ticket
1 go	6.00	5.00	
5 goes	24.00	19.00	21.00
10 goes	45.00	36.00	40.00
20 goes	84.00	67.00	75.00

\* Children up to the age 8 accompanied by an adult: free.

Opening hours are subject to change at short notice. The run is closed in wet weather for safety reasons.





## Adventurous walks – our top tips

### Gastronomic circuit

Enjoy a leisurely stroll between courses through the idyllic moorland. The restaurants on the Rossweid-Salwideli-Rischli-Sörenberg circuit each serve a course featuring local ingredients.

**TIP** Go online to book your cableway ride, a glass of sparkling wine and a 3-course meal for CHF 59.00 at [www.soerenberg.ch/gastronomische-rundwanderung](http://www.soerenberg.ch/gastronomische-rundwanderung)

### Sörenberg–Kemmeriboden-Bad

From the Rossweid to a meringue treat in the Emmental. A straightforward walk between the Rothorn chain and Schratzenfluh to the Landgasthof Kemmeriboden-Bad for a dessert! Colourful fens and a delightful high moor forest enchant you along the way before you make your way steadily downhill from Salwideli to Kemmeriboden-Bad.

**TIP** BLS special ticket for CHF 39.00 with cableway ride, a portion of meringue, and the return trip by bus and train to Sörenberg. Available at the BLS web shop, BLS travel centres, in the bus or at the lower terminus of the Rossweid aerial cableway.



### Rothorn photo trail *sponsored by Raiffeisen*

Canton Lucerne's highest mountain makes for a wonderful day out with fantastic 360° panoramic views. The hiking circuit from the upper terminus of the Brienzer Rothorn aerial cableway to sparkling Lake Eisee and back boasts six unique, specially set up photo locations, each featuring an exciting photographic subject. Use the setting, the gadgets, the natural surroundings, the technical features of your camera or smartphone, and most importantly: your creativity!

**TIP** The photo kit available at the lower terminus of the Sörenberg – Brienzer Rothorn aerial cableway consists of six photo gadgets and a booklet containing tips, tricks and challenges for each of the photo locations. Rothorn photo trail combined offer with cableway and chairlift rides, photo kit and booklet for CHF 52.40.

### Brienzer Rothorn ibex trek

This hiking tour follows part of the world-famous Brienzer Rothorn ridge and offers breathtaking panoramic views in addition to all kinds of flora and fauna. The 2-day outing might well include encounters with ibex from the large Brienzer Rothorn colony.

**TIP** The 2-day all-inclusive ibex trek for CHF 95.00 means walking without a heavy load on your back: We'll bring your bags to the Berghaus Eisee while you climb to the summit of the Brienzer Rothorn. Includes accommodation and half-board at the Berghaus Eisee.





## Brienzer Rothorn aerial cableway

Tel. +41 (0)41 488 15 60



**Summer season** 4 June to 23 October 2022

Ascent/descent: 7.30\*/8.15\*/8.50\*\*/9.15/9.50/10.15/10.50/  
11.15/11.50/12.15/12.50/1.15/1.50/2.15/2.50/3.15/3.50/4.15/4.  
50/5.15\*\*\*

\*only Sat & Sun \*\*only ascent \*\*\*only descent

### PLEASE NOTE

Check the current timetable at [www.soerenberg.ch/news-bergbahnen](http://www.soerenberg.ch/news-bergbahnen) before your arrival. Preparatory work for the «Rothorn Retrofit» construction project may cause changes to the aerial cableway and Eisee chairlift timetables (p.18) in summer 2022.

Prices in CHF	Adults (16 and over)		Children (age 6 – 15)	
	single	return	single	return
Individual price	25.00	40.00	12.50	20.00
Half-Card/GA/Swiss-Travel-Pass	12.50	20.00		
Entlebuch Holiday Pass	20.00	32.00	10.00	16.00
Groups of 10 or more	17.50	28.00	8.70	14.00
Groups of 10 or more with Half-Fare/GA travelcard	8.70	14.00		
Schools, age 6 – 15			8.70	14.00
Dogs	6.00	12.00		
Mountain bike	6.00		6.00	

Children travel free with the SBB Junior/Grandchild Card.

## Rothorn summit restaurant at alt. 2350 m

Tel. +41 (0)33 951 26 27, [gipfelrestaurant@soerenberg.ch](mailto:gipfelrestaurant@soerenberg.ch)



### Opening hours

Monday to Friday, 9 am – 5 pm

Saturday and Sunday 7.30 am – 5 pm

The Brienzer Rothorn, the highest point in Canton Lucerne, offers an awe-inspiring 360° panorama. Enjoy wonderful views of the Eiger, Mönch and Jungfrau and up to 690 other peaks. Plus shimmering green Lake Brienz. A real dream! Enjoy a meal at the Rothorn summit restaurant with its fantastic panoramic terrace. You can reach it by aerial cableway from Sörenberg in just ten minutes.

**TIP** «Smile please» – sit on the Ibex swing and take your personal souvenir photo on the upper terrace of the Rothorn summit restaurant. You can then download it from [skiline.cc](http://skiline.cc) and share it with your loved ones.

**PLEASE NOTE** Check the current timetable and the restaurant's opening hours (see p.16) before your arrival.







## Lake Eisee chairlift

Tel. +41 (0)41 488 15 60

**Summer season** 18 June to 16 October 2022

Ascent/descent: 7.50\* / 9.25 / 11.25 / 1.45 / 3.25 / 4.25

\*Sat & Sun only

Prices in CHF	Adults (16 and over)		Children (age 6 – 15)	
	single	return	single	return
Individual price	7.00	14.00	3.50	7.00
Half-fare/GA/Swiss Travel Pass	3.50	7.00		
Entlebuch Holiday Pass	5.60	11.20	2.80	5.60
Groups of 10 or more	4.90	9.80	2.40	4.90
Groups of 10 or more with Half-Fare/GA travelcard	2.40	4.90		
Schools, age 6 – 15			2.40	4.90

The chairlift does not accept dogs or bicycles.

## Aerial cableway & Lake Eisee chairlift

Prices in CHF	Adults (16 and over)		Children (age 6 – 15)	
	single	return	single	return
Individual price	27.00	46.00	13.50	23.00
Half-fare/GA/Swiss Travel Pass	13.50	23.00		
Entlebuch Holiday Pass	21.60	36.80	10.80	18.40
Groups of 10 or more	18.90	32.20	9.40	16.10
Groups of 10 or more with Half-Fare/GA travelcard	9.40	16.10		
Schools, age 6 – 15			9.40	16.10

## Berghaus Eisee at alt. 1900 m

Tel. +41 (0)33 951 40 14, eisee@soerenberg.ch

### Opening hours

Wednesday to Friday, 7.50 am – 4.25 pm

Saturday and Sunday 8 am – 4.30 pm

Closed Mondays and Tuesdays except during Lucerne holidays  
(Mon-Sun): 9.7. – 21.08.2022, 1.10. – 16.10.2022

The Berghaus Eisee has something for everyone and is a paradise for nature lovers. Lunches are served on the terrace while you enjoy the views of the Arnihaaggen and Briener Rothorn; alternatively, try your hand at fishing in Lake Eisee. You may well catch a glimpse of ibex, chamois and marmots. Lake Eisee can be reached by 4-seater chairlift or by following the footpath. The Berghaus also offers affordable accommodation in double rooms or dormitories. If staying overnight, the Sörenberg aerial cableway and chairlift are free.

**PLEASE NOTE** Check the current timetable and the restaurant's opening hours (see p.16) before your arrival.







## Fishing in Eisee

Fascinated by fishing? If so, Lake Eisee is the place to be! It's a natural mountain lake below the Brienzer Rothorn and lies at over 1900 m above sea level. Lake Eisee is also ideal for family outings – unwind while the children play by the water, enjoy a picnic or try your hand at fishing. The lake is stocked with rainbow and brown trout as well as char by the Lake Eisee angling society.

**Happy fishing! Packages for anglers:** a day pass can be purchased at the Berghaus Eisee for CHF 37.00\*. Family passes cost CHF 55.00\*.

**Day of fishing:** return trip cableway and chairlift, fishing pass CHF 60.00\* for adults and children.

**Accommodation package:** half board accommodation at the Berghaus, fishing pass, return trip cableway/chairlift. CHF 122.00\*, children age 6–15 CHF 92.00\*.

\*Prices include CHF 5.00 «statistics fee».



## Lucerne ↔ Interlaken

The most scenic section of the route between Lucerne and Interlaken takes you to the Brienzer Rothorn. The aerial cableway from Sörenberg whisks you in 10 minutes up to alt. 2350 m and the summit of the highest mountain in Canton Lucerne. Awaiting you is a stunning panorama and a restaurant. Once you've taken your photos, hop on the steam train and travel serenely down to the woodcarvers' village of Brienz. From there you can choose to visit world-famous Interlaken or take the Interlaken-Brünig Express back to Lucerne; the views on the way are wonderful.

Tickets for the entire round trip are available from the tourist information office at Lucerne station or any SBB/CFF/FFS ticket counter.



## Aerial cableway and steam train

Sörenberg–Rothorn–Brienz or vice versa

Tickets available from the termini in Sörenberg or Brienz.

Prices in CHF	Adults (16 and over)	Children (age 6–15)
Individual price	82.00	16.65
Half-fare/GA/Swiss Travel Pass	41.00	–
Groups of 10 or more	57.30	16.65
Groups of 10 or more with Half-Fare/GA travelcard	28.65	–

Dogs are required to have a separate ticket.





## Tips for Sörenberg and Flühli

[www.soerenberg.ch](http://www.soerenberg.ch)

### **TIP 1 Sörenberg indoor swimming pool and mini-golf**

The Sörenberg pool is popular with all ages in summer. Its outdoor lawn offers both sun and shade. Adjacent to the pool are the mini-golf and a large playground.

### **TIP 2 Sörenberg mountain pirate treasure hunt**

Thrills for all the family! Equipped with satellite navigation, a treasure map and a riddle, the hunt has you criss-crossing Sörenberg. Once you find the treasures, prizes may be claimed from the Hotel GO-IN.

### **TIP 3 Chessiloch suspension bridge and waterfall**

65 metres in length, the Chessimätteli suspension bridge is the longest in the Entlebuch; the views into the Chessiloch Gorge are mesmerising. The Chessiloch waterfall is equally fascinating. Follow the footpath to encounter a sulphur spring and a delightful barbecue spot.

### **TIP 4 Schwandalpweiher Kneipp facility**

Remove your shoes and socks, roll up your trousers and step into the cold 6°C water. Then follow the barefoot path before taking a relaxing break. A dozen different surfaces such as wood, pine cones and various stones stimulate the blood circulation. The crowning finale is a tour of the fragrant herb garden.

### **TIP 5 Stucki Trekking**

Ride on horseback for a half-day or day through the wild west of Lucerne over passes and through winding valleys. End the day with evening campfires and romantic sundowns.

### **TIP 6 3D archery trail**

Ideal for nature lovers who love an outdoor challenge. This 2-hour or so tour along the idyllic circuit has you shooting with bow and arrow at 16 three-dimensional target figures.

### **TIP 7 Mountain biking and MTB school**

Pedal leisurely on an e-bike through the wilderness between alp restaurants or race down the Brienzer Rothorn – Sörenberg has a tour for everyone. The Sörenberg MTB school has courses for all ages and levels for a safe mountain biking experience!

### **TIP 8 Flühli golf course**

Tee off amid stunning mountain scenery. The 9-hole course in Flühli is definitely worth a visit. The practice area is open to all and includes a driving range, putting green and approach area.

### **TIP 9 Flower walks**

The walks for plant and nature lovers focus on the natural wonders of Sörenberg, from the marshy upland moors and fens to the rugged karst terrain. The botanical diversity around the Rossweid and Schratzenfluh can be experienced with the free Flower Walks app.





**MARBACHEGG  
SPORTBAHNEN**  
ENTLEBUCH LUZERN

### Sportbahnen Marbachegg AG

Dorfstrasse 61, 6196 Marbach

Lower terminus Tel. +41 (0)34 493 33 88

Info box Tel. +41 (0)34 493 36 37

[www.marbachegg.ch](http://www.marbachegg.ch), [sportbahnen@marbachegg.ch](mailto:sportbahnen@marbachegg.ch)

**Berggasthaus Marbachegg**  
**Escholz-matt-Marbach Tourism**

Tel. + 41 (0)34 493 32 66

Tel. + 41 (0)34 493 38 04

### Summer season:

Pre-season: 7 to 27 May 2022

Thursday, Saturday and Sunday: always open

Monday to Wednesday and Friday: runs in fine weather only

High season: 28 May to 23 October 2022





## Marbachegg Bretzeli cableway

8.30 am – 5.30 pm daily (Sunday from 8 am)



Thursday evenings until 15 September 5.30–8 pm.

From 22 September, the times on Thursday evenings are adjusted according to the twilight conditions. Only in dry weather; check info on [www.marbachegg.ch](http://www.marbachegg.ch).

**TIP** Birthday children ride for free!  
Supporting documentation required.

Prices in CHF	Adults		Young people <sup>1</sup> Pensioners <sup>2</sup>		Children (age 6–15) Half-Fare/GA travelcard	
	single	return	single	return	single	return
Individual price	17.00	25.00	14.00	19.00	8.50	12.50
Kemmeriboden round trip	22.00	–	19.00	–	12.00	–

Prices in CHF	Adults	Young people <sup>1</sup> Pensioners <sup>2</sup>	Children (age 6–15)
Summer season card including MTB transport	280.00	220.00	170.00

<sup>1</sup> (age 16–19), <sup>2</sup> persons in receipt of state pension.  
SBB/CFF/FFS Junior/Grandchild cards accepted.

**Group** prices as above; every tenth person rides for free

**Extra rides** Minimum price CHF 200.00, by prior arrangement

**Dogs** Four-legged companions welcome on the Marbachegg. Canine drinking stations are available at the Berggasthaus Marbachegg. Accommodation: dogs welcome.

## Marbachegg Carts

Tel. +41 (0)34 493 33 88

Thrills guaranteed! The three- or four-wheeler carts follow a wooden track across the alpine pastures of Marbachegg. You then have time to enjoy the breathtaking views on the drag lift. This brings you back to the start, safely and conveniently.

**TIP** Take advantage of the combined ticket offer:  
cableway ride plus carting fun.

Saturday: noon – 4.30 pm

Sunday: 10 am – 4.30 pm

Additional times for groups of 10 or more by prior arrangement.  
Operates daily noon – 4.30 pm during the summer holidays (9 July to 21 August 2022) and autumn holidays (1 to 16 October 2022).

Prices in CHF	Adults		Young people <sup>1</sup> Pensioners <sup>2</sup>		Children (age 6–15) Half-Fare/GA travelcard	
	single	return	single	return	single	return
Cableway ride & 2 cart rides	25.00	31.00	22.00	25.00	16.50	18.50
Single trip	5.00		5.00		5.00	
5-trip subscription	22.50		22.50		22.50	
10-trip subscription	43.00		43.00		43.00	

<sup>1</sup> (age 16–19), <sup>2</sup> persons in receipt of state pension.  
Children to age 11 only if accompanied by an adult.  
Operation only in dry weather for safety reasons.





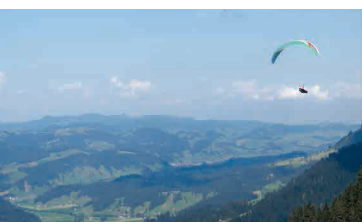
## Paragliding/hang gliding

Marbach is a mecca for paragliding and hang-gliding. The launch site is located in the immediate vicinity of the upper cableway terminus. The Marbach Flying School (led by Ruedi Moser, cert. flight instructor SHV) offers training and professionalisation courses. Enjoy the mountain world from the perspective of our native golden eagles with a passenger flight. A flight voucher, the special gift for your friends! Short flight (gliding descent): CHF 140.00, long flight (chasing thermals): CHF 190.00.

**Contact** Tel. +41 (0)79 351 81 71  
[www.gleitschirmfliegen.ch](http://www.gleitschirmfliegen.ch), [info@fs-marbach.ch](mailto:info@fs-marbach.ch)

### Special tickets for paragliding (not including landing tax)

Prices in CHF	Adults
Paragliding day ticket	34.00
10-trip paragliding	130.00
Summer season card	280.00



## Marbachegg Clientis flow trail

The Marbachegg Clientis flow trail is a 4 km long varied descent from Marbachegg to Marbach. The trail boasts many playful elements. MTB'ers of all ages are equally enthusiastic about its varied challenges. Difficult passages are signposted and can be bypassed.

Prices in CHF including MTB transport	Adults Young people <sup>1</sup> Pensioners <sup>2</sup>	Children (age 6–15)	Family 1 parent	Family 2 parents
Day ticket	39.00	22.00	76.00	99.00
2-hour ticket	27.00	16.00		

<sup>1</sup> (age 16–19) <sup>2</sup> persons in receipt of state pension.

## Marbachegg CKW jump trail

Spectacular jumps for experienced MTB'ers! Sportbahnen Marbachegg have joined forces with the Flying Metal Crew to create a trail in challenging terrain aimed at advanced riders. The kilometre-long jump line winds its way along the sunny side of the Marbachegg, from the upper terminus via the Schafport down to the drag lift, which takes the cyclists back up again. All jumps are tables and rollable to make best use of the airtime. In addition, optional jumps and transfers are provided for advanced MTB'ers.

## Marbachegg MTB school

Find courses on [www.bikeschule-marbachegg.ch](http://www.bikeschule-marbachegg.ch) and improve your skills under the instruction of our bike guides.

**TIP** Weather permitting, the facility is open longer on Thursday evenings – see page 26.





## Berggasthaus Marbachegg

Tel. +41 (0)34 493 32 66, [berggasthaus@marbachegg.ch](mailto:berggasthaus@marbachegg.ch)



Enjoy the breathtaking vista on the terrace with views of the imposing Schratzenfluh, the striking Hohgant and the snow-covered Bernese Alps. The cosy restaurant serves tasty, local and inexpensive meals for every palate, as well as specialities such as Heisse Stei (hot stone frying), cordon bleu and fondue chinoise buffets and, on Sundays in summer, the widely popular Älplerzmqorgen herdsmen's breakfast.

**TIP** Start the day with a sumptuous Bergzmorgen-Buffer (alpine buffet breakfast) before setting off on a hike, action-packed MTB tour or return journey home via Marbach on the Bretzeli cableway. Monday to Saturday , 8:45 – 11 am.

### Spend the night at alt. 1500 m.

Spend more time enjoying the Marbachegg's peace and panoramic views than the day visitor. Fresh air, peace and quiet, sleeping at alt. 1500 m surrounded by the fascinating mountain world – the Berggasthaus Marbachegg offers simple yet cosy single, double and four-bed rooms – a total of 16 beds plus the 8-bed holiday apartment. Available for groups are two dormitories, each with 16 sleeping berths. Guests benefit from attractive accommodation offers. On request, we can supply you with a package that includes the cableway rides and MTB day tickets.

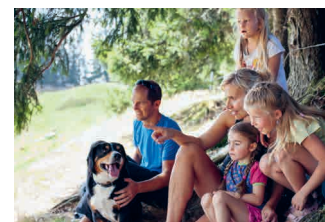
## Picnic baskets

Enjoy carefree hours on the mountain. Savour a picnic under a blue sky, surrounded by enchanting nature. We fill a picnic basket for you with tasty products from our region. Three baskets are available for you to choose from: the Marbacher Waldfest, the Marbachegg and the Romantik. Prior reservation at the Berggasthaus Marbachegg is required.

## Bretzeli photo orienteering map with panoramic views

Equipped with this orienteering map, families set off to explore the Marbachegg. The trail leads down to the little lake through secluded woods, with two barbecue spots along the way. There's a little gift – available at the cableway termini – for those who find all 10 points and correctly mark them on the map.

**TIP** Discover the package deal for families and experience an entertaining day out in the great outdoors. Includes a visit to Kambly in Trubschachen, a family lunch on the Marbachegg and fun with the Bretzeli photo orienteering map.







## Tips for Escholz-matt-Marbach

[www.escholz-matt-marbach-tourismus.ch](http://www.escholz-matt-marbach-tourismus.ch)

### TIP 1 Napf Heart Loop

The second stage of the famous «Napf Heart Loop» leads through Escholz-matt. No fewer than 99 bends convey you downhill to Escholz-matt, and after a short stop-off in the village, you'll be whizzing uphill again. Ride a Flyer e-bike to enjoy wending your way through this Eldorado of ups and downs.

### TIP 2 Lourdes grotto in Marbach

The grotto is a much-visited, much-liked place of power where you can find peace and relaxation throughout the week. An easy stroll past 14 Stations of the Cross takes you from the church to the grotto in about 15 minutes.

**TIP 3 Mountain forest "bathing" in the Hilfern valley**  
«Forest bathing» entails switching off your mental merry-go-round and tapping into the immense energy of the Entlebuch mountain forest. A guided walk through the forest helps you slow down and unwind in readiness for the creation of something new. Guided by the biosphere's first «forest bathing master», immerse yourself in the Entlebuch forest and recharge your batteries.

### TIP 4 Escholz-matt herb garden

120 species of herbs and wild plants numbering over 700 – all labelled – are to be found in the landscaped garden.

### TIP 5 FoodTrail in Marbach

Follow the tracks of the water buffalo and discover the idyllic village from its gastronomic side. The food-oriented scavenger hunt has you sampling regional products, discovering producers and experiencing the delightful scenery with the help of riddles and hints.

### TIP 6 Marbach adventure path

Experience the story of the three birds Mar, Sol and Lou on this two-hour adventure path through nature. 20 stations with interactive activities invite you to discover, marvel and puzzle your way from the mountain dairy to the Schangnau Farm.

### TIP 7 By horse-drawn carriage to the meringue

Fresh mountain air, spectacular scenery, local food and, to top it all off, a carriage ride through meringue country to Kemmeriboden.

### TIP 8 Escholz-matt geo path

A three-hour, well-signposted circuit offers insights into the geology and geomorphology of the area. Along the way, four interpretation panels explain the folding of the Alps, the geology, the molasse, the ice ages and the landscape forms.

### TIP 9 Marbach outdoor fondue

Equipped with a prepacked backpack, discover Marbach or the Marbachegg on foot and enjoy a mouthwatering fondue with a glass of white wine at your preferred spot. Available on pre-order from the Hotel Sporting Marbach.

### **Bergbahnen Sörenberg**

Tel. +41 (0)41 488 21 21

[www.soerenberg.ch](http://www.soerenberg.ch)

### **Sportbahnen Marbachegg**

Tel. +41 (0)34 493 33 88

[www.marbachegg.ch](http://www.marbachegg.ch)

### **Biosphere Centre**

Tel. +41 (0)41 485 88 50

[www.biosphaere.ch](http://www.biosphaere.ch)

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